



# ENTRY FORM

June 12, 2010

Billings, Montana

NO RACE DAY ENTRY

# HEART & SOLE RUN

Race Number

## LOCATION

All races start at 8:30 a.m. on North 30th Street in front of St. Vincent Healthcare. Courses are USATF certified. Free snacks and family fun in Grandview Park. For map and more information, log on to [www.svfoundation.org](http://www.svfoundation.org).

Last Name

First Name

Sex M/F

Address

City

State

Zip

Phone (day)

Age on 6-12-10

Birth Date

Phone (evening)

M M D D Y Y

Email address

## CATEGORIES

- 5K RRCA Western Regional Championship
- 10K Run/Walk
- 2 Mile Health Walk
- Triumph Trek
- Team/Family Registration

Team Name \_\_\_\_\_

## T-SHIRTS

- Youth M
- Youth L
- Adult S
- Adult M
- Adult L
- Adult XL
- Adult XXL *additional \$2.00*

## TEAM/FAMILY MEMBER DISCOUNT

Put together a team of 4-10 coworkers, friends or family members and receive a **\$3 discount per team member**. Team members can register for different categories. To qualify, the team captain must submit all entry forms with the payment together or register online [www.svfoundation.org](http://www.svfoundation.org) under the team section.

## ENTRY FEE

 Includes one t-shirt

- \$18 Adult (S-XL)
- \$20 Adult XXL t-shirt
- \$9 Child (age 8 and under)
- \$18 T-shirt only
- \$10 Triumph Trek

Additional \$2 for hospital lobby Walk In Registration June 10-11

## REGISTRATION

### MAIL – Deadline Monday, June 7

St. Vincent Healthcare Foundation  
Special Events Coordinator  
1106 N. 30th St.  
Billings, MT 59101  
Checks payable to St. Vincent Healthcare Foundation

### CREDIT CARD – Deadline Monday, June 7

Call 237-3600 or fax 237-3619

Expiration Date

- MasterCard
- Visa
- Discover

Credit Card #

Print Name on Card

Signature \_\_\_\_\_

### ONLINE – Available after February 15

Deadline Monday, June 7, midnight MST

Log on to [www.svfoundation.org](http://www.svfoundation.org)

Online registration powered by [Active.com](http://Active.com)

## T-SHIRTS

Registrations postmarked by May 21 are guaranteed an official t-shirt. Registrations postmarked after May 21 may receive a t-shirt before race day subject to availability. No guarantee of size. All paid entries will receive a t-shirt.

## WAIVER & AGREEMENT

*Entry form not valid unless signed/dated below:*

In consideration of your accepting my/my child's registration in the Heart & Sole Run, I hereby, for myself, my child, my heirs, executors and personal representative, waive and release any and all rights and claims for damages I or my child may have against the sponsors, organizers, and race day volunteers of said race, their representatives, successors, and assigns for any and all damages or injuries incurred due to my/my child's participation in said race. I grant full permission to sponsors and organizers of said race to use my/my child's name, or photographs, videotapes, and other recordings of participation in this event, without obligation or liability to me and my child.

Signature \_\_\_\_\_

Date \_\_\_\_\_

*Parent or guardian must sign for minors.*

## RACE BENEFITS

Proceeds provide scholarships for people with serious heart or lung problems who need supervised exercise programs at St. Vincent Healthcare and scholarships for the YMCA Strong-Kids Youth Support Campaign.